Southampton





Getting to Southampton

By car

Southampton is just 75 miles (120km) from London. The M3, M27 and A34 provide fast, direct access while the A36 is the main route to the West Country and Wales.

From the M₃ - exit at junction 14, following signs for Southampton (A₃₃).

From the M27 – leave at junction 5, following signs for the University.

By train

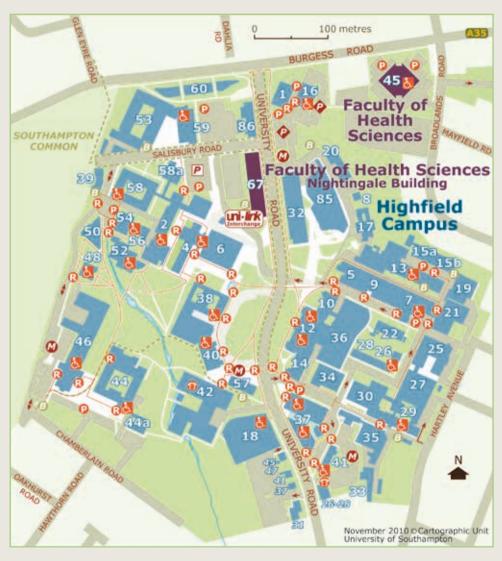
Fast trains from London and Bournemouth/Weymouth stop at Winchester, Southampton Central and Southampton Airport Parkway. Trains from Portsmouth and Bristol/South Wales stop at Southampton Central.

By coach

National Express provides regular services from central London, Heathrow, Birmingham, Bournemouth and the North. Southampton coach station is at Western Esplanade, in the city centre and some National Express coaches also stop at the University. Our own uni-link buses connect the University's Southampton campuses and the city centre.

By air

Southampton International Airport is a few minutes away from the Southampton campuses by bus or taxi (off junction 5 of the M27). There is a full UK domestic service, as well as flights to Europe and the Channel Islands.





Getting to Highfield Campus

By bus

All uni-link routes serve the main Highfield campus. See **www.unilink.soton.ac.uk** for timetables and route maps.

By bike

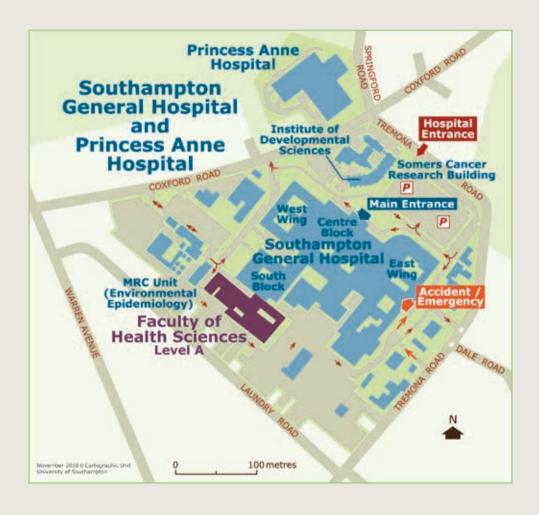
There are six secure cycle stores on the Highfield campus. To use these stores, you must register at reception in the uni-link office (Building 57). There is a small annual charge for this service. There are also several free cycle racks around the site, which are used at your own risk.

By car

There is a small pay-and-display car park opposite the Faculty of Health Sciences building on the Highfield campus.

Building 67 Nightingale Building University Road Highfield Southampton SO17 1BJ

Tel: 023 8059 7979 Fax: 023 8059 7900



Getting to Southampton General Hospital

By bus

Uni-*link* routes U6 and U9 serve the Southampton General Hospital. See **www.unilink.soton.ac.uk** for timetables and route maps.

By bike

There are two secure cycle stores at Southampton General Hospital. To use these stores, you must register at the Hospital's Main Reception. There is a small annual charge for this service.

By car

There is a large multi-storey pay-and-display car park at the hospital.

Southampton General Hospital South Academic Block Level A Tremona Road Southampton so16 6yp

> Tel: 023 8079 6549 Fax: 023 8079 6922



Getting to Queen Alexandra Hospital, Portsmouth

By train

The nearest station is Cosham, which is approximately 10 - 15 minutes walk from the hospital.

By bus

There is a range of services from Portsmouth city centre with some services stopping within the hospital grounds. For further information call 0871 200 2233.

By car

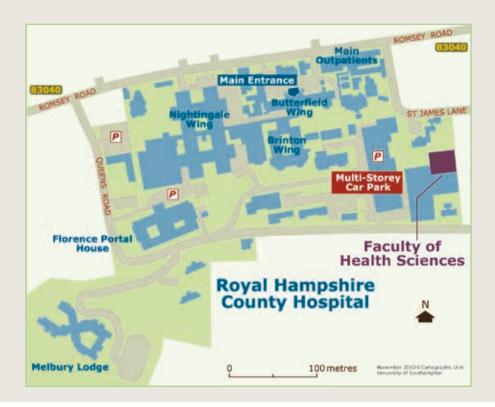
Car parking is available near the main hospital entrance in the North Car Park. Car parking rates are available on the hospital website

www.porthosp.nhs.uk/find-us/car-parking.html

The QuAD Building Queen Alexandra Hospital Southwick Hill Road Cosham PO6 3LY

> Tel: 023 9228 6000 (main switchboard)





Getting to Royal Hampshire County Hospital, Winchester

By train

The nearest station is Winchester, which is approximately a 15 minute uphill walk away.

By bus

A range of bus services have stops at the hospital entrance. For more information, contact Traveline on 0871 200 2233

By bike

There are a number of dedicated cycle routes around Winchester. A map is available from **www.winchester.gov.uk**. Unless approaching from the west, prepare for an uphill climb. There are several under cover cycle stands around the hospital.

By car

There is limited pay-and-display parking at the hospital. South Winchester Park and Ride has 864 spaces and is accessible from Junction 11 of the M3.

Royal Hampshire County Hospital Winchester Hampshire

Tel: 01962 825202





Getting to North Hampshire Hospital, Basingstoke

By train

The nearest station is Basingstoke, which is approximately a 15 minute walk away.

By bus

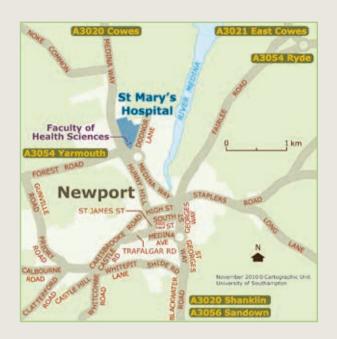
A range of bus services have stops within a short distance of the hospital entrance. For more information, contact Traveline on 0871 200 2233.

By car

There are a number of parking areas available, a drop off point and a number of disabled parking spaces are available outside the main entrance. Please allow extra time on arrival, as parking is sometimes difficult.

ARK Centre Dinwoodie Drive North Hampshire Hospital Aldermaston Road Basingstoke RG24 9NN

> Tel: 01256 486712 Fax: 01256 360467





Getting to St Mary's Hospital, Isle of Wight

From Southampton

The 102 and 103 buses run from Highfield to the Town Quay. The Red Funnel hispeed service operates twice an hour from Terminal 2. For more details contact Red Funnel on 023 8033 4010

On arrival in Cowes a bus meets the hi-speed service and will drop you immediately outside St Mary's Hospital.

Buses run between Cowes and Newport every 15 minutes. Buses to the Red Funnel Terminal for the hi-speed service indicate that they are going to Cowes Pontoon, but any bus to Cowes will take you within easy walking distance of the Cowes Red Funnel Terminal.

From Portsmouth

Wight Link operates a service from Portsmouth Harbour Station to Ryde Pier Head. The ticket office is in the Wight Link Ferry Terminal at Portsmouth Harbour Railway Station. Call 0870 582 7744 for details.

On arrival at the Esplanade go to the adjacent bus terminal. The 1A bus runs half-hourly and stops outside St Mary's Hospital.

By bus

A range of bus services have stops within a short distance of the hospital entrance. For more information, contact Traveline on 0871 200 2233.

By car

There is limited parking available at the hospital.

The Cottage St Mary's Hospital Isle of Wight PO30 5TG

Tel: 01983 534112 Fax: 01983 534112

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